



Welcome to 2017!

We are hopeful this year will provide us with the reassurance we yearn for amid a turbulent social and political environment. A year to reflect and consolidate with the desire to rejuvenate and revitalize.

An exciting year ahead for the children of NZ, with the new Ministry for Vulnerable Children, Oranga Tamariki operational from 1 April 2017. Other key organisations are also driving our attention to important campaigns and services, including: Plunket, who are advocating for the right care in a child's first 1000 days giving NZ children the best possible start in life; The Parenting Place whose work is aimed at inspiring and equipping NZ families to thrive with new initiatives, and many Philanthropic Trusts whose focus is on supporting initiatives that in turn support vulnerable and targeted families.

Space NZ Trust's strategic priorities are at the forefront of all of our activities. These include increasing availability of Space to a diverse range of cultures and communities, a happy well-resourced team, and connecting with you, our wider Space family.

It is with your support that Space continues to be recognised throughout NZ as a credible, 'go to' post-natal support and education programme and we will be calling on you during the year to help us grow in areas that still do not have Space available to new parents.

We continue to look for new partners to deliver Space in their communities, and planning is full steam ahead for the You and Your Child Expo in October! So here's to a New Year and another chance for us to make a difference!



Baby Christina in her Legs Out Swaddle

Sleep, glorious sleep!

Most parents agree that babies sleep more soundly when they are swaddled, but with the hot weather we're experiencing at the moment it can be difficult to swaddle the baby without them getting too hot. The Legs Out Swaddle allows babies to sleep with their arms up, just like in the womb, and with their legs cool and free. The clever design also allows the hips to stay in a natural position - this helps to avoid joint development issues later in life.

Designed in NZ by Anita Affleck (the mother of a summer baby), and ethically made in Bali, the Legs Out Swaddle is Exclusive to [Global Baby](http://GlobalBaby.com) and we have one to give away to one lucky reader!

Visit [Space NZ Trust](http://SpaceNZTrust.com) on Facebook to find out how you could be our lucky winner!

Shop

Space NZ Trust Say Thanks!

We would like to acknowledge the [Thankyou Charitable Trust](http://ThankyouCharitableTrust.com) for their support toward funding a Space for you and your baby with a focus on supporting parents experiencing challenges with post-natal adjustment.

Space NZ Trust Facilitator Training

Space Facilitation training is coming up in February (Auckland) & March (Christchurch). In order to participate trainees must complete our online course **The Heart of Space: Foundation Level**.

Interested? Contact Karen karen@space.org.nz

Space alliances that build Community

As our Space partners continue to grow, so do the unique options available to new parents and their babies.

Megan White from Te Kaingānui ECE and Vic Parsons from Love Mamas have teamed up to offer Space for you and your baby on Saturdays. Their connection began with a shared passion to support new parents to feel confident in their abilities and nurture their attachment with their babies.

"We were having lots of conversations about different ways that we can support parents and getting information across to them in a safe, non-confrontational way...we had both heard positive things in our work with parents about Space, and decided to investigate further."

Combining their organisation's resources and offering Space on a Saturday is opening up another option for new parents who are unable to attend during the week. As well as running Space fortnightly, they are offering a fortnightly coffee



Lou enjoying music at Space for you and your baby in Petone

Space making NZ feel like home

Maud and her partner emigrated from France to New Zealand 3 years before their daughter, Lou, was born. When Lou was a few months old, they began attending Space for you and your baby with a group of other new parents.

Maud found Space to be a good place to meet other new parents and learn more about parenting and child development. It also helped to support her goal for Lou to be exposed to both English and French languages.

Being a fluent speaker of French is something Maud and her partner both wanted for Lou. They decided that at home they would speak only in French, and when they were around English speakers they would speak in English so that Lou had a chance to be learn both.

I can already see it when we are speaking in French that she understands very well and then when someone else speaks in English to her she is understanding that as well!

The books, music and rhymes offered at Space provided a perfect opportunity for both Maud, and Lou to learn some kiwi songs in both English and Te Reo Maori.

We loved the music time, because I don't know a lot of English or kiwi songs or Maori ones so it was great for me to learn that, because I can go to the Rocking Rockets CD and oh, I know that one, I can do it too...!

Give another family the gift of Space
Donate \$35 to give Space to another family!

Donate

support group providing opportunities for parents from this group to connect further.



Do new parents in your community need Space for you and your baby?

Call Sue to see how we could make it happen [04 589 5038](tel:045895038) or sue@space.org.nz

Join us

SAVE THE DATE - 15 October at Westpac Stadium
[YOU AND YOUR CHILD EXPO](#)

Thank you for taking the time to read our Space NZ Trust update. Your feedback is always appreciated, and we are always available to answer your questions.

E hii ake ana te atakura, He tio, he huka, he hauhunga

The red dawn comes with a sharpened air, a touch of frost,
the promise of a glorious day

Ng? mihi
The Team at Space NZ Trust

Donate Now



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